# YCP Summer Academy

## **SPARTAN PREP**

## For high school students (9th-12th grade).

Camps are available Monday through Friday for two weeks in June and one week in July. The June sessions take place from 8:30 a.m. to 12 p.m., while the July session runs from 1 to 4:30 p.m. Participants can choose one session each week. All sessions are held on York College of Pennsylvania's campus.

## Week 1: June 9-13

## **Option 1: Youth Sports Leadership**

#### Dan Mickle (Head Volleyball Coach)

Empowering young athletes to become leaders both on and off the field. This dynamic camp focuses on developing essential leadership skills such as communication, teamwork, goal-setting, and decision-making. Through interactive sessions, group challenges, and sports-specific activities, participants will learn how to inspire others, build confidence, and create a positive impact in their teams and communities. Perfect for athletes looking to enhance their leadership potential and grow as role models in youth sports.

## **Option 2: Creative Writing**

#### Lizz Dawson (Adjunct Faculty, Communication and Writing)

Spend a week writing art. During the week, young writers will make stories, comics, and more in a wide variety of forms, learning how to create inspiring writing that moves and entertains readers. This camp will take your writing from idea to reality, and all young writers will leave with a final portfolio of their original work.

## **Option 3: Hydroponics Camp**

#### Jason Smith (Assistant Professor, Biological Sciences)

In the hydroponics camp, campers will spend four days learning about the science of hydroponic crop production and one day learning about nature's version of hydroponics in a local stream. Through hands-on experiences, participants will learn secrets to success in hydroponics, from creating a balanced nutrient solution to measuring light like a plant. Each camper will get to build and keep at least two different kinds of hydroponic systems and begin growing their own nutritious plants.

#### Week 1: June 9-13 (continued)

#### **Option 4: Music Industry**

#### Shawn Young (Associate Professor, Visual and Performing Arts)

Unlock your potential and dive into the world of music with our immersive Summer Camp Program designed specifically for high school students interested in pursuing a career in the music industry. You'll explore a wide range of key areas, from the business side to the creative process, and by the end of the program, you'll have gained hands-on experience, a stronger understanding of the music industry, and the skills to pursue your passion and dreams. Whether you're aiming to be a producer, manager, artist, or marketer, this camp is your first step toward a successful career in music.

#### **Option 5: Financial Investment Workshop**

#### Pawan Madhogarhia (Associate Professor of Accounting, Finance and Business Analytics)

Take control of your financial future with our Financial Investment Workshop, designed specifically for high school students eager to learn about personal finance, investing, and building wealth. This hands-on program will introduce you to the basics of financial markets, investment strategies, and money management, empowering you to make informed decisions now and in the years to come.

#### **Option 6: Podcasting**

#### Jeff Schiffman (WVYC Radio Station Manager)

This course introduces high school students to the fundamentals of podcasting, covering everything from idea development and scriptwriting to recording, editing, and publishing. By the end of the course, students will have created their own podcast episode. The class will help students develop crucial skills for jobs in the communication field. Students will have a solid foundation in podcasting and a completed podcast episode ready to share with the world.

## Week 2: June 23-27

#### **Option 1: Music Heals: The Art and Science of Music Therapy** Gretchen Dekker (Adjunct Faculty, Visual and Performing Arts)

Explore how music and medicine meet to help heal both the audience and the performer! Are you interested in the medical professions, but also someone who loves to make music and knows its importance in maintaining a healthy life balance? Did you know that music can actively partner with medicine in exciting ways to assist, accelerate, and even promote healing and wellness in both patients and providers? Bring your musical self and your medical curiosity to this hands-on camp designed to give you the opportunity to see, hear, and experience how MUSIC HEALS in the York community. (Offered in collaboration with the Medical Sciences and Nursing/Healthcare Professions Camp)

#### Week 2: June 23-27 (continued)

#### **Option 2: Esports Camp**

#### Kyle Rosen (Director of Esports)

Step into the exciting world of competitive gaming with our Esports Academy, designed for high school students passionate about gaming and esports. Whether you're looking to improve your skills, learn about the esports industry, or take your gameplay to the next level, this immersive summer camp will provide you with the tools, training, and knowledge to thrive in the competitive gaming world.

#### **Option 3: Nursing and Health Professions Bootcamp**

## Carolyn Smith (Assistant Professor, Nursing) and Julie Saville (Assistant Professor, Health Professions)

The Dr. Donald E. and Lois J. Myers School of Nursing and Health Professions welcomes high school students to a summer workshop featuring activities from the Nursing and Health Professions departments. Participants will be guided through various hands-on activities showcasing experiences within nursing, therapeutic recreation and wellness, and exercise science. This workshop is an excellent opportunity to visit the York College campus and engage in the laboratory spaces available to students. Please join us for a week of fun and enlightenment!

#### **Option 4: Drawing for the Graphic Novel**

#### Ry Fryar (Assistant Professor, Visual and Performing Arts)

Learn the fundamentals of visual storytelling through manga, comics, and the graphic novel in this focused workshop. Develop essential skills in character design, dynamic composition, and creating visually compelling scenes. Practice drawing the human form, designing expressive poses, and crafting engaging narratives using clothed models, mannequins, and reference imagery. By the end of the week, create portfolio-ready artwork and gain confidence in your ability to bring stories to life. This session emphasizes hands-on learning, practical techniques, and individual feedback to refine your design and storytelling abilities. Perfect for artists seeking to expand their creative skill set.

#### **Option 5: Outdoor Adventure**

#### Brian Malcarne (Associate Professor, Health Professions)

Embark on an adventure and explore the excitement of outdoor recreation with our Outdoor Adventure camp, designed for high school students seeking excitement, challenge, and pursuit of various activities in the natural world. This interactive summer camp will be an engaging week of outdoor experiences with opportunities for outdoor skill, leadership, and team development while having fun interactions with others and gaining increased confidence.

## Week 3: July 7-11

## **Pre-med Camp -** This camp runs from 1-4:30 p.m.

#### Bobbi Patton D.P.T. (Instructor, Biological Services)

The Biological Sciences department in the Kinsley School of Engineering, Sciences, and Technology welcomes rising freshmen and sophomores in high school who are interested in medical sciences to attend a summer workshop. This workshop will focus on the human anatomy and physiology of selected organ systems (e.g. cardiovascular, respiratory, etc). Participants will be guided through hands-on activities including anatomical models, organ dissection, recordings of EKG's, and urinalysis. They will also work together on patient case studies (e.g. heart failure, diabetes) that involve these organ systems. This workshop is an excellent opportunity to visit the York College campus, engage with our biology faculty and students, and explore our laboratory spaces. Please join us for a week of fun and learning!

## **Pricing:**

## Spartan Prep High School Camps:

\$350 per participant each week. (Lunch not included).

### **Discounts:**

10% - for sibling(s) 20% - YCP and YCDS employees Discounts cannot be combined.

## **Registration Fee:**

6% of your total is due upon registering.

Camps not fully enrolled by May 1 will be subject to cancellation. Participants will be notified if their camp is affected, and a refund will be issued.

